# **FEB-2025**

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## **EAST WAKE MAGNET HIGH SCHOOL** Student Services Monthly Newsletter

#### **STAFF**



# February is a crucial month for high school students, especially as the school year progresses. Here are some key things to keep in mind:

The second semester is in full swing, so keep your grades up.

Registration for 2025-2026 started this month, pick courses wisely, especially if you're planning to attend college.

College & Career Planning (9-12)

- Seniors: College applications might be done, but keep track of financial aid (FAFSA, scholarships) and decision deadlines.
- Juniors: Start researching colleges, preparing for ACT, and planning campus visits for spring or summer.
- Sophomores & Freshmen: Keep your grades strong and explore interests that could help with future career or college choices.

If you're taking AP exams, start reviewing now—May will come fast. If you're into sports, tryouts, and practice for spring teams might be happening now.

Start looking for summer programs or internships—some deadlines are earlier than expected.

February can feel like a slow month, but stay engaged. Set small goals to keep yourself moving forward.

It's still winter, and seasonal fatigue is real. Get enough sleep, exercise, and take breaks when needed.

From the Dean's Desk, Mrs. Ewais

#### **Happy Black History Month!**

As we think about all of the wonderful accomplishments of the past, it is time to begin celebrating your future. You've done it! One semester down and one more to go. You have learned to navigate complex class schedules with little time between classes, more challenging courses, new friends, and a larger school environment. Hopefully, you have also taken this time to establish good study habits, learn effective time management strategies, and great communication with your teachers. If you have not, there is still time! Use last semester as a lesson and this new semester as a time to grow. What worked well for you last semester? Keep doing that. What did not work so well? Explore different ways of meeting your goals and set new goals for yourself. Can you believe that next month you will begin meeting with your counselor for 10th grade class registration? Take this time very seriously. The classes you select, even as alternatives, may very well end up a part of your schedule. East Wake has a strong Arts Department and Career and Technical Education galore! Think about an occupation you may be interested in or something you just enjoy doing. Let these topics be your guide as you choose your electives. Speak with your parents, counselors, and teachers about your interests and see how those interests can become a part of the classes you will take. We look forward to meeting with you soon!

From Mrs. Bartleys' Desk

### **ATTENDANCE MATTERS NEWSLETTER**

CLICK ON THE LINK TO LEARN MORE INFO. ON OUR: Attendance Policies & Why Attendance Matters

FROM THE DESK OF MRS. DONALDSON, SAP COUNSELOR

**THEME: WINTER HOLIDAY TIPS** INCREASING ACADEMIC READINESS BEFORE WAYS TO STAY MOTIVATED **DURING THE HOLIDAYS** THE NEW YEAR THE HOLIDAYS CAN BRING BOTH GETTING CAUGHT UP ON MISSED WORK & EXCITEMENT AND STRESS. IT IS IMPORTANT IMPROVING ACADEMIC READINESS REQUIRES A MIX OF STRATEGY, FOCUS, & GOOD RESOURCES. TO LEARN WAYS TO BALANCE EXCITEMENT FOR THE HOLIDAYS WITH THE HERE ARE SOME STUDY TIPS & RESOURCES TO **RESPONSIBILITIES OF ATTENDING SCHOOL.** HELP YOU EFFECTIVELY PREPARE. WITH HERE ARE SOME STRATEGIES FOR STUDENTS CONSISTENT EFFORT, YOU'LL FEEL MORE TO STAY MOTIVATED TO ATTEND SCHOOL CONFIDENT HEADING INTO THE NEW YEAR! AROUND THE HOLIDAYS. **CLICK ON THE LINK CLICK ON THE LINK BELOW FOR BELOW FOR STRATEGIES: STUDY TIPS & RESOURCES.** Staying Motivated During The Holidays mproving Academic Readiness Before The New Year



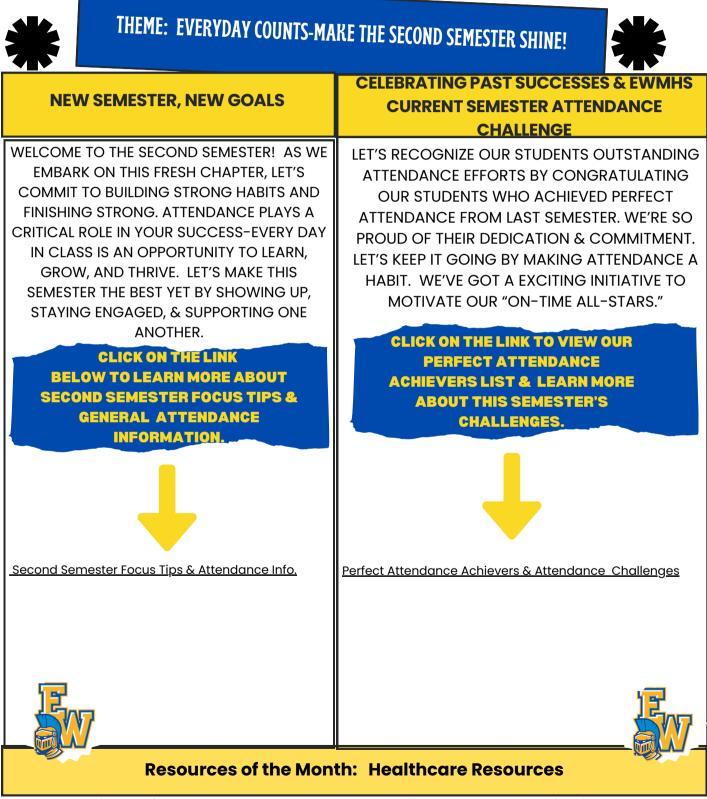
#### **RESOURCE OF THE MONTH: CLOTHING FOR STUDENTS**

- DID YOU KNOW THAT EAST WAKE MAGNET HIGH SCHOOL HAS A REFERRAL BASED CLOTHING RESOURCE DESIGNED TO ENSURE STUDENTS HAVE ACCESS TO ADEQUATE CLOTHING FOR EVERYDAY WEAR & COLDER WEATHER, HELPING STUDENTS STAY COMFORTABLE & WARM.
- ANY STUDENT FACING DIFFICULTY ACQUIRING CLOTHING CAN BE REFERRED BY CONTACTING <u>TDONALDSON2@WCPSS.NET</u> OR <u>MLYNCH@WCPSS.NET</u>.
  - ALL REFERRALS ARE HANDLED DISCREETLY & WITH PRIVACY.
  - WE ARE HERE TO SUPPORT & PREPARE ALL FOR THE SEASON AHEAD.

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FROM THE DESK OF MRS. DONALDSON, SAP COUNSELOR



Click the link below for Healthcare Resources! Aim to stay healthy this winter. Good health = Good Attendance

<u>Healthcare Resources</u>